Career Change Reflection Questions

12 free prompts for a thoughtful career change. Use one question at a time.

Name the Present

1. What parts of my current work still feel meaningful?
2. Which conditions at work are draining me most, and what evidence supports that?
3. What strengths do I want to use more often in my next role?
4. What would need to change for my current role to feel sustainable?

Compare Opportunities

1. Which of my priorities matter most when I compare these career paths?
2. What details about this job offer should I verify before I decide?
3. What trade-offs would I accept, and which ones are firm limits?
4. How could I test whether this role fits before making a large commitment?

Prepare a Next Step

1. What practical constraint should I plan around before making a move?
2. What skill or experience gap can I address with one manageable step?
3. Who could offer grounded information about this field, and what could I ask?
4. What is one low-risk action I can take this week to explore my options?

Try a free three-card reflection

1. Use **situation**, **challenge**, and **next step** as three reflection positions.
2. Choose one question above and write down the real-world facts you already know.
3. After reflecting, name one practical next step you can take or one detail you still need to verify.

Reflection, not prediction. Cards cannot confirm an employer’s decision or another person’s thoughts.

What I know / What I will check

One next step

Free career tarot reflection: moonliri.com/tarot/career
Question prompts and basic card meanings: moonliri.com/tarot/questions